



Lahore University of
Biological and Applied Sciences

UBAS INSIGHT

JUNE 2026

MENTAL HEALTH AWARENESS DAY

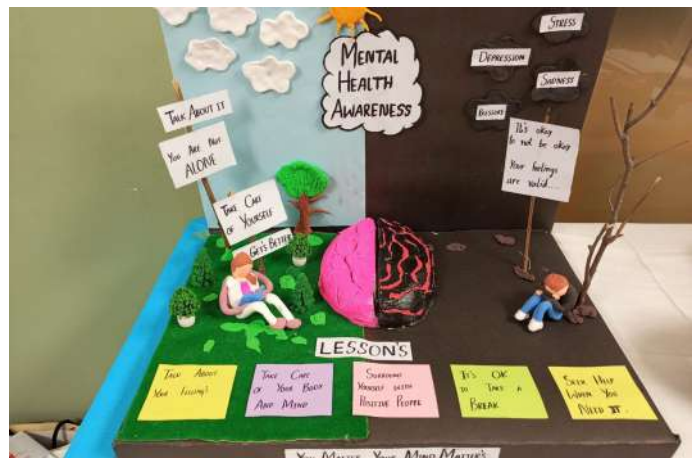
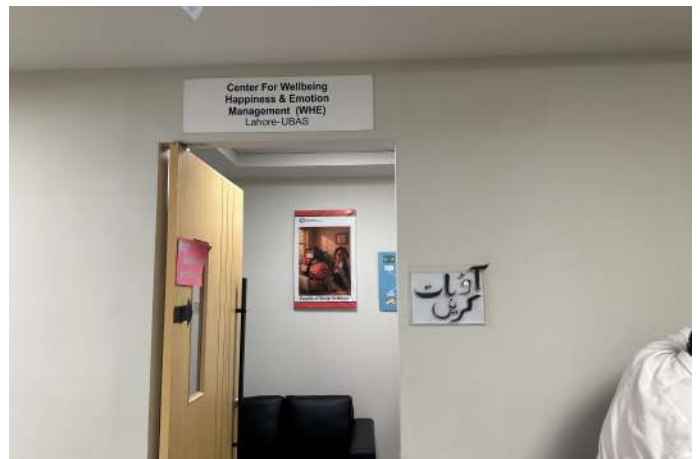
Let's build a campus environment where conversations about mental health are encouraged without fear or stigma. A supportive word, a listening ear or simple kindness can make a huge difference in someone's life.

The event was successfully organized under the guidance of Ms. Kiran Zia, Academic Lead, Faculty of Social Sciences, with the dedicated efforts of Ms. Wasia Aleem, Ms. Sidra Asad, and Ms. Sana Rahat Ali.

Mind Over Marks: Saving Students, Not Just Grades



Dr. [Name], Assistant Professor
[Name], [Name], [Name]
[Name], [Name]
[Name], [Name]
[Name], [Name]



FINANCIAL LITERACY FOR YOUNG ENTREPRENEURS

Empowering future entrepreneurs with the skills to make smarter financial decisions. The Faculty of Food and Nutrition hosted an insightful session on Financial Literacy, equipping students with practical tools for sustainable startup success.



THE 2ND INSTITUTIONAL QUALITY CIRCLE (IQC) MEETING

The 2nd Institutional Quality Circle (IQC) Meeting at Lahore UBAS reaffirmed the University's unwavering commitment to academic excellence, evidence-based governance, and continuous quality enhancement.

The meeting reviewed key institutional initiatives including quality assurance frameworks, student feedback systems, teacher performance analysis, research excellence, and strategic compliance with national quality standards. It also emphasized strengthening institutional culture through structured planning, stakeholder engagement, and capacity-building.

Through collective leadership and shared responsibility, UBAS continues to advance toward a future defined by quality, integrity, and global competitiveness.



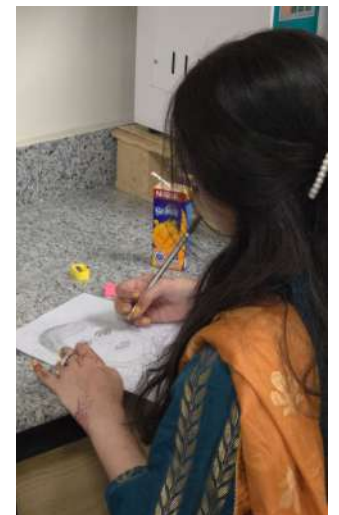
UBAS AURUM SPRING FIESTA 2026

Five days. Countless memories. One unforgettable celebration.

UBAS AURUM Spring Fiesta 2026 brought together the very best of sports, esports, literature, performing arts, and student talent. From thrilling competitions in Cricket, Badminton, Table Tennis, Carrom, Tekken, Arm Wrestling, and FIFA to inspiring English & Urdu Declamation, Poetry, Comedy Skits, Stand-Up Comedy, and soulful Singing performances, every day reflected the passion, creativity, and spirit of our students.

The Fiesta commenced with a grand Opening Ceremony and concluded with a memorable Closing Ceremony, both graced by the esteemed university leadership, including the Vice Chancellor and Pro-Vice Chancellor, whose presence made the celebrations even more meaningful.

More than a festival, UBAS AURUM Spring Fiesta 2026 was a celebration of talent, teamwork, sportsmanship, and the vibrant spirit of the UBAS family. Here's to the memories we've made and the legacy we've created—until next year!





RIPE CAPACITY BUILDING SESSION

RIPE Capacity Building Session | Teaching & Non-Teaching Focal Persons

Empowering stakeholders with the knowledge, tools, and commitment required to strengthen institutional effectiveness and foster a culture of continuous quality improvement.

Learn. Reflect. Improve. Excel.



BASIC LIFE SUPPORT (BLS) AND FIRST AID TRAINING

The Basic Life Support (BLS) and First Aid Training equipped participants with essential emergency response techniques, enabling them to act confidently and effectively in critical situations.

A valuable learning experience focused on preparedness, patient safety, and the importance of timely intervention.



SEMINAR ON ROAD SAFETY

UBAS/LMDC organized a Road Safety Seminar to promote safe driving and traffic discipline among the community. A comprehensive presentation was delivered on key road safety measures and responsible road behavior.

Seminar was graced by Mr. Imran Shahid (PSP, QPM, TI), DIG MC I Zone, NHMP, and Mr. Zafar Iqbal Malik (PSP), SSP M2 South, NHMP, who addressed students' queries effectively.

The session concluded with vote of thanks from Prof. Dr. Naeem Mubarak, Pro-Vice Chancellor UBAS. Souvenirs were presented to the guests by the Pro-Vice Chancellor, Prof. Dr. Naeem Mubarak and Chief Administrative Officer, Mr. Asad Ahmad Khan.



HANDS-ON TRAINING ON MUSCULOSKELETAL ULTRASOUND

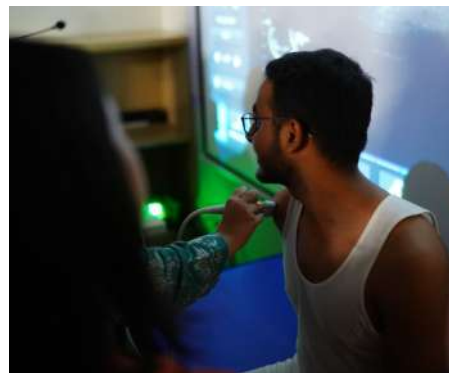
Faculty of Allied Health Sciences, UBAS hosted an impactful academic & skill-based workshop focused on the vital role of musculoskeletal ultrasound in evaluating muscles, joints, tendons, and soft tissues in real-time.

We extend our heartfelt appreciation to our distinguished Guest Speaker:

Dr. Raham Bacha, Associate Professor, The University of Lahore.

The event was successfully organized under the leadership of Dr. Nosheen Mushtaq, Dean, Faculty of Allied Health Sciences, with the dedicated coordination and valuable contributions of Ms. Saira Jelany, Lecturer, Faculty of Allied Health Sciences.

The session received active participation from faculty and students who engaged enthusiastically throughout the workshop. Their contribution significantly enriched the learning environment.



PLANTATION DRIVE 2026

Faculty of Pharmaceutical Sciences (FoPS) Leading the Way Towards a Greener Tomorrow.

FoPS, in collaboration with Alkhidmat Foundation, organized Plantation Drive 2026, where a large number of enthusiastic students came together to contribute towards a healthier and more sustainable environment.

Every tree planted today is a promise for a better tomorrow. Together, we are making our campus greener and inspiring positive change for future generations.



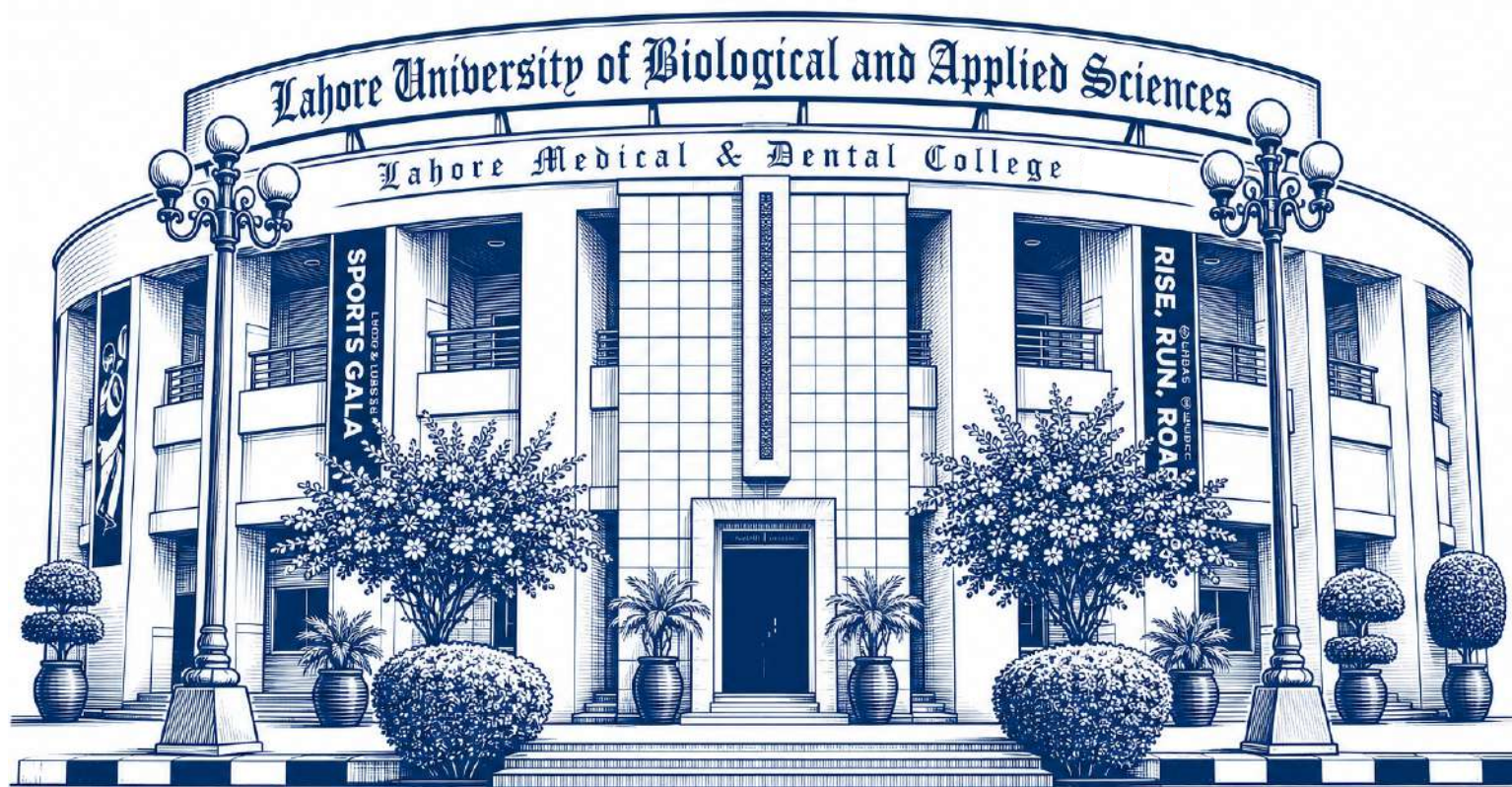
PHARMA EXPO POSTER COMPETITION

Empowering Future Pharmacists Through Creativity

Students of the Faculty of Pharmaceutical Sciences brought their ideas to life at Pharma Expo Poster Exhibition, showcasing the diverse roles of pharmacists across various domains through innovative posters.

Nurturing minds that will shape the future of healthcare.





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